

Important information

The above graph forms the basis for all reports regarding a JMT result. Certified JMT users can interpret and draw conclusions solely from the diagram, while other users are referred to the other reports and feedback from us or another JMT-certified person.

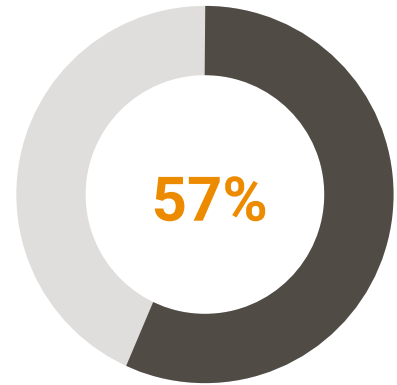
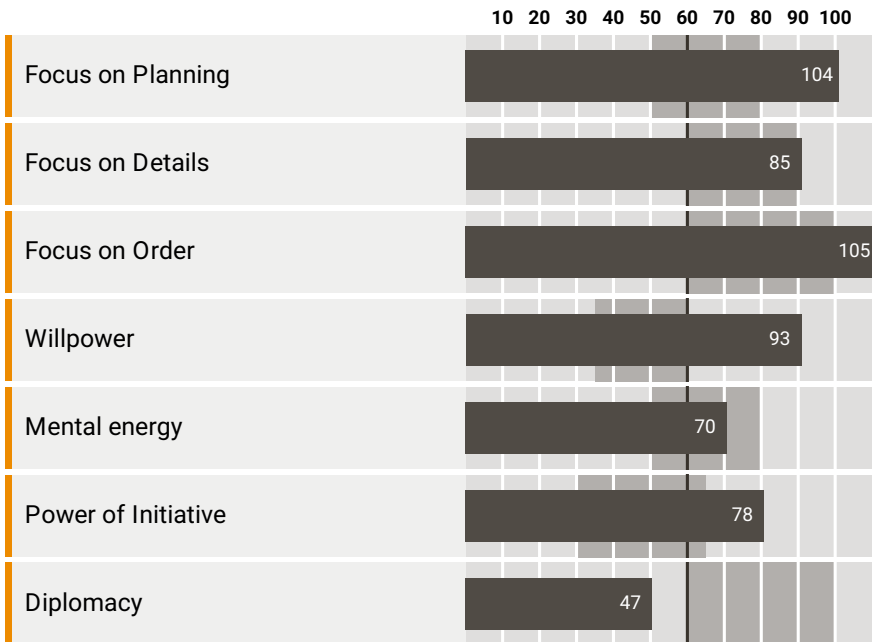
The diagram shows the values connected to the various work-related attributes and provides an overview of the person's work approach and collaboration approach. The scale is between 10 and 110, where 60 is the average value of professionals in Sweden (attributes A-J).

In general, there are not any "good" or "bad" results, since different roles place different demands on people.

In principle, all people possess all attributes, but use and harness them quite differently. The higher the value of an attribute, the less restrictive the test taker uses this attribute. The lower the value of an attribute, the more restrictive the test taker uses this attribute. For a more thorough interpretation, please look in the Interpretation guide and read the report called Personal Work Style.

Key traits	Matching Indicator
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Requirement profile: Administrativ support



The key properties are based on the selected requirement profile and the shaded field indicates the desired level for each property. The bars show the test taker's scores and the matching indicator indicates the degree to which these match the desired level.

Matches the profile	Development areas	Other
<ul style="list-style-type: none"> ○ It seems that you normally feel motivated ○ You thrive when there is plenty to do ○ Those around you find you predictable ○ It is apparent that you have very good control at a detailed level ○ It is seldom that you allow setbacks to affect your mood for any length of time ○ You find it easy to focus on the task at hand ○ You try to avoid placing yourself in difficulties ○ It is rare that you spend an unnecessary amount of time on socialising ○ You have certain visions and you expect something good from the future - on a realistic level ○ Generally speaking you listen to others to the same extent as you speak yourself 	<ul style="list-style-type: none"> ○ You are not comfortable with sudden occurrences that throw your plans into disarray ○ There is a risk that you place greater emphasis on order and structure than is necessary ○ You can run the risk of reasoning in terms of This will be difficult-when problems arise ○ An increase in working tempo makes you uncomfortable ○ Sometimes you can seem a little hard and insensitive ○ From time to time you run the risk of over-analysing things ○ In certain situations you refuse to yield ○ At times you can sound negative ○ You have a tendency to look for faults ○ You can be somewhat reticent when it comes to your own development activities 	<ul style="list-style-type: none"> ○ You are seldom impatient or restless ○ You believe it is more important to achieve results than to please others ○ You can be inclined to force through your wishes without particular concern for other people's preferences ○ You can often argue and apply pressure in order to get your own way ○ You often interpret risk situations negatively and can therefore be unsure to begin with ○ There is a risk that your attitude may be provocative when you find yourself under pressure ○ Stepping up and taking charge of a group is not a problem for you ○ You needs to be challenged ○ You can sometimes be offended by non-specific or unfair criticism but you are otherwise not particularly sensitive to criticism ○ You may maintain a certain distance from others until a degree of trust has been established

The bars below show various stress factors and the degree to which these may apply to you in situations where you find yourself under stress. A bar with a value below 50 shows a gradual decrease from moderate to insignificant stressful impact. If, on the other hand, this level is above 50, this indicates a gradual increase from moderate to significant stress factor.

Stress can be experienced in a number of different ways. In this context, we are thinking that one experiences a negative impact on mood or emotions. This may take the form of frustration, dissatisfaction, irritation or harassment. Sometimes you might not feel this stress directly but notice symptoms such as tiredness, boredom or resignation.



Your motivation profile shows the extent to which different areas have a motivating effect on you. The bars in the diagram that are in the vicinity of the 50-line are of no crucial significance to your motivation. It should be emphasised that this profile does not show anything about your work performance within a given area, only the extent to which the various areas motivate and energise you.



This profile provides a picture of which style of leadership comes most naturally to you in a management role. This result can be used both as a source of inspiration for your personal development and during recruitment to see the extent to which you match the leadership style the organisation is looking for.

